

POWERLine



"Published for the people of GM Toledo Transmission and UAW Local 14"

AUGUST 16, 2018

Customer Letter of Gratitude Speak Up For Safety

Dear General Motors,

I am reaching out to share my gratitude to GM regarding the safety of its vehicles, specifically the Chevy Traverse. I meant to share my story with you 8 years

ago when our car accident happened, but at the time things were a little crazy and I just never had the chance. The reason that I'm finally reaching out to you now is that my daughter Natalie, who was in the car with me, is now a GM intern and has reluctantly touched on her story during a recent presentation (despite it still being difficult for her to share). There has been much interest and a positive response to her testimony so I thought I would elaborate on that and share my side of the story as a mom who could have lost her daughter if it weren't for your company!

Eight years ago, I was the mom and primary "chauffer" of three busy children ages 11, 9 and 6. For this reason, I was in the market for a safe vehicle to cart them around, especially given the winters here in Buffalo. My husband and I argued a bit about it since it wasn't in our budget at the time. I was adamant that we needed to make this work, and after some research I ultimately decided on a Chevy Traverse, which I'm convinced was the single most important decision of my life.

Three months after that purchase I was driving my oldest daughter Natalie home from a dance class and was hit head on, with both vehicles traveling at least 45 miles per hour, so you can imagine the impact. The car was totaled, and had I been driving my previous vehicle, I have no doubt this would have ended in a tragic nightmare. Immediately after impact, my OnStar came on and called for assistance. My first thought after the crash was to turn around and check on my daughter in the back seat. I took one look at her and I knew it wasn't good, BUT she was conscious and able to communicate with me. I got out of the front seat and went around to the back to check on her. Let me reiterate...I was hit head on at a high rate of speed and IMMEDIATELY WALKED OUT OF MY CAR. Nothing was broken, and there were no major injuries to myself. My daughter Natalie did unfortunately suffer some injuries (how could an 11 year old weighing maybe 70 pounds not be injured in that type of impact?) BUT it could have been so much worse! There is not a doubt in my mind that car saved her life and mine! I will be forever grateful for that! I think back to that decision to buy that traverse 3 months earlier and am moved to tears at the thought of what could have happened had I decided against it.

Although Natalie struggled through the recovery process, I am happy to report she is a healthy and active young adult who is passionate about the work she has been a part of at GM for the past 2 summers. She is currently a third year chemical engineering student at the University at Buffalo. She now also plans to get her masters in environmental engineering after interning with the environmental engineers at the Tonawanda engine plant and having the opportunity to attend a week of environmental training in Flint, Michigan. She is also captain of the University at Buffalo



Dance team and we couldn't be more thankful that she is healthy and physically able to continue fulfilling her passion for dance.

With all the safety features of the traverse including the way the crumple zone absorbs the impact energy, the curtain airbags, OnStar technology, and overall quality engineering and design of the car, it's easy to see why it has a 5 star crash/safety rating (and well...we have a first hand account of that!) GM boasts that quality and safety are a part of their very foundation and that safety is something they will never compromise on. We are living proof of that statement and we are so grateful that they remain true to those core values. Since our accident in 2010 I know that GM has just continued to improve upon safety with new technology and features to help prevent collisions. Kudos to the company for continually improving on safety! I can only imagine the lives that have been saved and that will be saved. I certainly hope you all stop to think about that from time to time and take pride in your product and company. I have no doubt you are well on your way to your lofty goal of zero crashes, zero emissions and zero congestion, and I applaud you for your vision for a safer, more sustainable world for us all.

I know this was long, but the main point I want to get across is how thankful I am to the general motors company for allowing my daughter and I to continue experiencing the beauty in life after what could have been a very tragic accident. I don't even have the words to express my gratitude but please know that Natalie and I are your biggest fans and we will be forever grateful!

With much gratitude,
Donna Hahn

Global Safety Week August 27th through August 31st, 2018

The 5th Annual Global Safety Week will be celebrated at all UAW represented GM sites during the week of August 27- 31, 2018. The theme is:

"Safety Heroes. We Own It. It's On Me"

Global Safety Week will be combined with Global Product Development and the focus will be on our commitment to safety at all GM sites for UAW represented GM employees and customers.

Global Safety Week is a time to engage and renew our commitment to both workplace and product safety while we reflect on how we make safety personal.

KINDNESS
is the language which
the deaf can hear
and the blind can see

- Mark Twain -

PARK-N-SHINE

2018 CAR SHOW 

at the Oscar Bunch UAW - GM Family Park

SUNDAY, SEPT. 9TH

NOON to 3 PM

**HOT RODS - ANTIQUES
MODIFIED - MUSCLE
DRAG - CLASSIC - ALL!**

GENERAL MOTORS 2019 NEW PRODUCTS on DISPLAY

University of Toledo

Rocket Football Tailgate

Toledo Rockets VS Nevada Wolf Pack

Saturday Game Ticket-\$28.00

Sep. 22 Ticket & Tailgate \$30

 **All seats are in Section 7 of the Glass Bowl.
Tailgate party will take place in Lot 10.**

PT UNIT WOMEN'S COMMITTEE

OPEN HOUSE

SUNDAY AUG 26 2 PM

LOCAL 14 UNION HALL




REFRESHMENTS PROVIDED

FOR QUESTIONS PLEASE CALL DIANE BENTON 419-705-0909

How do I find my PAY STUB?


Log On to Socrates or the HCC by using your GMID and 15 Character Password

Need help? See Dan in Employee Communications 419-450-0947


How to contact us...

Communications Coordinator - UAW: Daniel Macut
Email submissions to daniel.macut@gm.com
Phone: 419-450-0947
Member UAW - LUCA Local Union Communication Association
Deadline for POWERLine is 3:00 p.m. Tuesday.
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DRIVING MY WELLNESS

August 2018 **BUILDING A HEALTHY LIFE, ONE STEP AT A TIME**

 **STEPS**
BUILDING A HEALTHY LIFE
ONE STEP AT A TIME

Portion Control

Confused about serving sizes? These visual cues can help you easily estimate them.

Contrary to what you might think, portion control does not require taking drastic measures. Memorizing a complete inventory of food serving sizes or carrying measuring cups with you to meals just isn't necessary. Simply use these serving size guide illustrations to help you easily identify accurate portions.

How to count servings

Vegetables	Calories	Visual cue
1 cup broccoli	25	1 baseball
2 cups raw, leafy greens	25	2 baseballs
Fruits	Calories	Visual cue
½ cup sliced fruit	60	Tennis ball
1 small apple or medium orange	60	Tennis ball
Carbohydrates	Calories	Visual cue
½ cup pasta or dry cereal	70	Hockey puck
½ small bagel	70	Hockey puck
1 slice whole-grain bread	70	Hockey puck
½ medium baked potato	70	Hockey puck
Protein/Dairy	Calories	Visual cue
3 ounces of fish	110	Deck of cards
2-2½ ounces of meat	110	¾ deck of cards
1½-2 ounces of hard cheese	110	½ deck of cards
Fats	Calories	Visual cue
1½ teaspoons peanut butter	45	2 dice
1 teaspoon butter or margarine	45	1 die

Source: The Mayo Clinic

TTO Handicap Parking Permit

Effective September 1, 2018 the following handicap parking process will be enforced. Those employees (hourly or salaried) who need authorized handicap parking at TTO must register their state registration (with their name on it) that show the employee them self, is authorized for handicap parking. Personnel will issue a TTO handicap sticker once the state registration has been verified. The employee will be issued a TTO handicap sticker to place on their vehicle to park. The grace period will be the month of August to register with labor relations for their handicap sticker. Effective September 1, 2018, any vehicle parked in handicap parking space without the TTO handicap sticker is subject to being towed despite the vehicle having a state sticker.

Hourly Personnel