

POWERLine



Published for the people of GM Toledo Transmission and UAW Local 14

March 12th, 2021



GENERAL MOTORS WOMEN

Monday March 8th was International Women's day. At GM, we are emboldened to challenge the culture within GM and beyond to create a better world. We are asked to "Be Bold" and "Be Inclusive" - to set new standards for what is accepted and tolerated. Every day we are asked to live out this years IWD theme – ChooseToChallenge.

Wear Purple on Monday March 8th #ChooseToChallenge



SUBSCRIBE NOW!
To get the POWERline delivered to your email 2x's or more a month email; robert.boscoii@gm.com



How to contact us...
UAW Communications Liaison: Robert A. Bosco II
Email submissions to robert.boscoii@gm.com
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Member LUCA Local Union Communication Association
Deadline for POWERLine is 3:00 p.m. Tuesday.
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ERGONOMICS



Safe Cart Handling – Avoid Strains and Sprains Injuries



DO

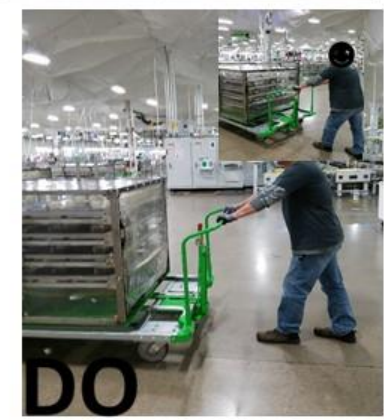
1- **DO** Push instead of pull but when you have to pull a cart make sure to use both arms look back to make sure area is clear behind you



DO NOT

DO NOT

1- **DO NOT** Pull/push cart with one arm and never turn your back to it



DO

2- **DO** Slowly start to push cart as wheels turn apply more force gradually, use both arms keeping wrists straight and elbows slightly bent.



DO NOT

DO NOT

1- **DO NOT** Handle two cart at the same time, cart can roll on to back of leg, also it puts your body in a compromised position



Legitimate N-95 Masks

3 Key Identifiers:

- 1) **“NIOSH”** is printed clearly on the facepiece or headband
- 2) All NIOSH-approved N-95 masks have an approval number printed on the facepiece or headband starting with “TC”
- 3) Elastic headbands instead of ear loops

- If any of the identifiers are not present, the mask is NOT Approved for use at TTO
- Employees who choose to wear a non-legitimate N-95 mask **MUST** also wear the GM supplied mask over it.

It's your BODY be KIND to it – Avoid Strains and Sprains Injuries TTO Ergonomics

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Please remember to adjust your clock(s) to the 2021 Daylight saving time this coming weekend. Saturday night before going to bed set your clock(s) forward one hour.

*New time starts on Sunday March 14, 2021 at 2:00 a.m. and ends on November 7.

THINK SPRING

REMEMBER this is also a great time TO CHECK AND CHANGE BATTERIES IN YOUR SMOKE DETECTOR(S)



Our composting program for 2021 is off to a great start! In January and February, we were able to collect a grand total of 1,620 pounds of good quality, compostable material. This well exceeds the 680 pounds of compost that we collected in January and February of 2020.

Last year, we collected a total of 3,540 pounds of compostable material. We want to exceed that amount for 2021, and so far, we are on track! We would like to thank everyone in helping divert waste from the landfill through the composting program and encourage everyone to continue to utilize the program.



Compost collection containers are the black containers at recycle stations found outside of each Team Center and can also be found in the cafeteria. A list of compostable material can be found on each of the containers. We are also completing monthly compost audits to ensure we are only sending good quality compost with no contaminants.

Please reach out to the Environmental Team if you have any questions.



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ON THIS DAY:

March 12, 1912

Founder Juliette Gordon Low held the first Girl Scout meeting in Savannah, Georgia with just 18 participants. Her mission? She wanted to teach young girls they could do anything.



THE DAD



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Is HERE at
GM Toledo Transmission Operations!!
Making Health Personal!!

What is
Work-Fit?

Work-Fit, a company of Athletic Trainers, is the nationwide leader in applying sports medicine techniques in the workplace to prevent injuries.

What can
Work-Fit
Do for You?

Work-Fit's Neil Thompson is here to HELP YOU!
Neil will teach you ways to reduce your muscle fatigue, provide you with personal jobsite coaching in biomechanics to reduce strain on your body, and partner with you in improving your overall health and wellness.

Introducing
Neil Thompson
Over 22 yrs.
experience



Get in touch with Neil!
Call/Text (660) 620-2179

NThompson@Work-Fit.com

Or

Neil.Thompson@GM.com

Look for Neil on the plant floor Monday-Friday!!!

Making Health Personal!!

WORK·fit

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